

2008 HORSE ACTIVITY RELATED INJURIES

Amendments for UK and Ireland marked in RED

- Please indicate your gender. (Circle the correct response)
Male Female
- Please indicate your age:
- Indicate ~~the state in which you reside~~ your location England, Wales, Scotland, Northern Ireland, Ireland (drop down list) – & County (free text box)
- Check all that describe your exposure to the horse industry:
 Professional trainer
 Professional competitor
 Amateur competitor
 Horse owner for pleasure riding
 Riding School Client
 Riding instructor
 Public facility manager, ie. boarding facility Centre manager, e.g. Livery Yard, Riding School, Trekking Centre etc.
 Groom
 Service to equine industry: e.g Vet, Farrier, Saddler etc
 Rodeo, if injuries are due to rodeo exposure please disregard these injuries in response to the rest of the survey
- Indicate all below that relate to your horse experience:
 Trail riding Hacking
 Show ring experience ie, breed shows, 4 H shows, open shows
 Competing
 Training of young stock
 Driving
 Breeding
 Race horses Racing (including point-to-point)
 Hunting
 Polo
 Cattle/ranch type riding
 Endurance riding
 Ground work only, e.g. lunging, handling, training aspects
 Service related, e.g. Vet, Farrier, Saddler related work
Other (please specify): _____
- If you have ~~show ring~~ competition experience, indicate type of experience you have. (Circle all correct responses)
 Western pleasure classes
 Ridden showing
 In-hand showing
 Show Jumping
 Western riding
 Showmanship
 Hunter over fences
 Jumper
 Cutting
 Dressage
 Driving
 Hunter Trials
 Team Chasing
 Reining
 Horsemanship/Equitation
 Hunter under fences
 Equitation over fences
 Roping
 Eventing
 Saddleseat
Other (please specify): _____
- Indicate the breeds of horses with which you have worked. (Circle all correct responses)
 Quarter horses
 Appaloosas
 Morgans
 Warmbloods
 POA
 Thoroughbreds
 Fox trotters
 Paints
 Arabians
 Saddlebreds
 Tennessee Walkers
 Grade Horses
 Draft
 Mules
Others (please specify): _____

Given that there are somewhere around 100 breeds in the UK this could be left blank and let the person fill out the breed or breeds could be grouped, ie warmbloods (instead of Trakehner, Dutch Warmblood etc)

8. Your riding style includes:

Western
 ~~Saddle seat~~
 Traditional English (astride)
 Driving
 ~~Huntseat~~
 Side saddle
 Racing

Other (please specify): _____

9. Rate yourself on your experience of the above styles.

	Novice	Intermediate	Advanced	Never have done this style
Western	1	2	3	4
Hunt seat English	1	2	3	4
Saddle seat	1	2	3	4
Driving	1	2	3	4
Sidesaddle				
Racing				

Other (please specify): _____

10. Your horse experience includes working with: Check all that apply.

Older, well broken horses
 Young, unbroken horses
 Race horses
 Young, green broken horses
 Stallions

Other (please specify): _____

11. Indicate the number of years involved with horses.

1-2 years
 3-5 years
 6-9 years
 10-15 years
 16-20 years
 More than 20 years

12. Indicate overall your involvement with horses care.

	Daily care	Care of horse(s) 4 or more times a week	Care of horse(s) 1-3 time per week	Not responsible for care of horse(s)
Care of horses, ie feeding, handling turnout	1	2	3	4

Other (please specify): _____

13. Indicate your average level of riding involvement.

	Ride daily	Ride 3-4 days a week	Ride 1-2 days a week
Teenage years	1	2	3
20-30 years of age	1	2	3
30-40 years of age	1	2	3
40-50 years of age	1	2	3
50-60 years of age	1	2	3
60 or more years of age	1	2	3

Other (please specify): _____

14. Have you had formal riding instruction? Yes No

15. If you have had formal riding instruction indicate type and length of instruction below

	Less than a year	1-3 years	3-5 years	More than 5 years
Western	1	2	3	4
English	1	2	3	4

Other (please specify): _____

16. Please indicate if you have sustained injuries due to horse related activities. Yes No
If you have not had horse related injuries, please stop here and turn your survey in.

17. Indicate the types of horse related injuries which you have incurred. Each body area is listed twice so that you can indicate more than one injury to that specific body area. Based on the following guide, please list the corresponding number in each category in the table below.

1 – cut ;
 2 – bruise;
 3 – sprain;
 4 – torn muscle/ligament;
 5 – broken bone;
 6 – concussion;
 7 – organ damage;
 8 – lost teeth;
 9 – broken nose;
 10 – dislocated joint;
 11 – stitches;
 12 – loss of fingers, toes

1 – working on the ground w/ horse;
 2 – riding school the horse;
 3 – riding personal horse;
 4 – riding someone else’s horse;
 5 – training personal horse;
 6 – training client horse;
 7 – driving;
 8 – service: veterinarian or farrier;
 9 – race horse industry;
 10 – during

1 – (weanling – 3 years old) unbroken horse;
 2 – (2-3 years) green broken horse;
 3 – (3-5 years) broken horse;
 4 – Older, broken horse (5 years or older);
 5 – Older, not well broken or green broken horse

1 – western pleasure, reining, etc
 2 – western: cattle work;
 3 – western: timed events;
 4 – trail riding
 5 – english;
 6 – jumping;
 7 – driving;
 8 – racing;
 9 – NA side-saddle

	Age at time of injury	Injury type	Horse aspect	Type of horse	Style of riding
Foot	_____	_____	_____	_____	_____
Ankle	_____	_____	_____	_____	_____
Knee	_____	_____	_____	_____	_____
Lower leg	_____	_____	_____	_____	_____
Upper leg	_____	_____	_____	_____	_____
Hip	_____	_____	_____	_____	_____
Ribs	_____	_____	_____	_____	_____
Back/Spine	_____	_____	_____	_____	_____
Head	_____	_____	_____	_____	_____
Neck	_____	_____	_____	_____	_____
Face	_____	_____	_____	_____	_____
Hand	_____	_____	_____	_____	_____
Wrist	_____	_____	_____	_____	_____

Elbow _____
 Lower arm _____
 Upper arm _____
 Shoulder _____
 Internal damage _____

If more than two injuries per site or other injuries please list below with the specific information from above.

18. Have previous horse related injuries resulted in: Check all that apply.

Doctor's office Surgery visits Emergency room Hospital Casualty visits
 Hospital stays Days of missed work
 Days of missed school Rehabilitation
 Did not seek medical attention but might have been appropriate

19. If injuries resulted in hospital stays indicate how many days total you have stayed in hospital.

1-2 days 3-4 days
 5-6 days 7-10 days
 More than 10 days NA

20. Have injuries resulted in any type of surgery? Yes No

If yes, please explain: _____

21. If injuries resulted in missed school or work, indicate total number of days missed throughout your years of horse activity.

	1-2 days	3-4 days	5-6 days	7-8 days	9-10 days	More than 10 days
School days missed	1	2	3	4	5	6
Work days missed	1	2	3	4	5	6

22. Estimate what these injuries have cost **you** in expenses related to ~~doctor's visits, emergency room visits, hospital stays,~~ any **medical treatment** or the purchase of medical supplies, medicine, etc. Again throughout your years of horse activity.

£ 0
 _____ \$100-\$500 _____ \$501-\$1000
 _____ \$1001-\$1500 _____ \$1501-\$3000
 _____ \$3001-\$6000 _____ \$6001-\$10,000
 _____ \$10,001-\$15,000 _____ \$15,000-\$25,000
 _____ \$25,000-\$50,000 _____ More than \$50,000 a

Just needs updating with UK equivalents

23. As a result of your horse related injuries, were there lost wages? Yes No

Less than £100
 £100 - £250 \$500-\$1000-£250 - £500
 \$1,000-\$2,000-£500 - £1000 \$2,000-\$5,000-£1000 - £2500
 Over \$5,000-£2500

24. Do you ride with safety equipment or with someone else?

	Always	Most of the time	Sometimes	Occasionally	Never
Helmet- Riding Hat	1	2	3	4	5
Safety vest Body Protector	1	2	3	4	5
Proper riding boots	1	2	3	4	5
Ride with someone else	1	2	3	4	5
If your head hits the ground during a fall, do you replace your riding hat?	1	2	3	4	5

Other (please specify): _____

25. If you use safety equipment please indicate why you use that safety equipment, if there are specific times you use it or not use it.

26. Please indicate why you do not use any of the safety equipment listed above.

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